



Adult & Pediatric CPR/AED American Red Cross Blended format class

Holderness Recreation 2024



American Red Cross certification for Adult, Child and Infant CPR. Participants will be trained how to recognize emergencies, contact EMS, demonstrate how to check a responsive or unresponsive person, how to care for an adult or child with a breathing/choking emergency and care for them if in cardiac arrest. This class is taught using a blended learning format. Two hours of e-learning on your own time prior to an hour and a half skill time in person. *Certification is good for two years.*

Who: Adults & students ages 13yrs+

When: March 9th 9—10:30am in person skills test

Cost: \$75

Where: Holderness Town Hall

Please register and pay by March 4th so you can get the link for the online learning portion.



Online registration information can be found at www.holderness-nh.gov on the Recreation Department page. For more information or to have the Registration forms sent to you, please call 603-968-3700 or email recreation@holderness-nh.gov.